# **Envision Equality**

A world where women's rights are equal rights

JOIN ZONTA

# WHY SHOULD I JOIN ZONTA? Do you have a Heart? Courage? Dedication? Knowledge?

# **Envision equality**

Envision a world where every woman is able to achieve her full potential.

# **Zonta Empowers Women**

Zontians donate their time, talent and money to create lasting change through service, advocacy and education.

# **Global Impact**

Zonta has General Consultative Status with ECOSOC (Zonta International is one of only 148 NGOs with General Consultative Status) and Participatory Status at the Council of Europe. We have a strong and respected voice where decisions affecting women are made.

# Local Action

With 30,000 members in 1,200 Zonta clubs across 67 countries, Zonta works tirelessly on thousands of local service projects. Members donate hundreds of thousands of dollars to support a wide range of issues and causes across the globe.

# What makes a Zontian?

**Heart.** Zontians care about the status of women around the globe. We envision a day when all women will be free to live without fear of violence.

**Courage.** Zontians stand up for what is right. We are dedicated to empowering women so that one day they will be measured based on their aptitude and ability, not on their gender.

**Dedication.** Zontians are committed to empowering women so they can take ownership of their own lives. Together, we make a difference.

**Knowledge.** Zontians use knowledge of laws, cultures and traditions affecting women's lives and studies of the impact of women in decision making positions to conduct service and advocacy actions of long-lasting impact.

Come and join a meeting or an event. To find out more about the Zonta Club of Melton. Contact us.



# HERE ARE SOME OF OUR ACTIVITIES AND ACHIEVEMENTS IN 2023 SO FAR

# **JANUARY 2023**

Each January we acknowledge and celebrate our most famous Zontian - Amelia Earhart. She has inspired generations of women and girls to pursue their dreams. Today, her legacy lives on through the Amelia Earhart Fellowship and its recipients, who continue to break barriers and reach new heights.

# **FEBRUARY 2023**

Members distributed Flyers on "Financial Literacy". They provided information on where women could seek help.

# **MARCH 2023**

We celebrated International Women's Day. Awarded the "Zonta Woman of Note" to a deserving women who has gone above and beyond helping others in our community. Members also had fun at social outings such as Mary Poppins and our monthly casual morning tea at Urban 35 in Cobblebank. It is a good way to get to know each other.

# **APRIL 2023**

Members attended a workshop in Ivanhoe to learn more about Zonta and current projects. There were lots of updates from International and District and entertaining guest speakers. It is always nice to meet Zontians from other clubs. Our sewing members are always kept busy making bags for kids, quilts for women, breast cushions for women who have had breast cancer and the list goes on.



# **MAY 2023**

Our fundraising never stops. Bunnings BBQ's, Golden Rose lucky envelopes, Trivia nights and raffles. All proceeds go to our projects that we allocate each year.

## **JUNE 2023**

We held a fundraiser with the Biggest Morning Tea to support Ovarian cancer research. The formation of a Z Club at Bacchus Marsh Grammar began. Members of the Z Club are secondary students who are keen to help their community. We support this group at their meetings. They are learning the value of community service.

# **JULY 2023**

Our speakers at monthly meetings are always inspiring. Inspector Lisa Prentice-Evans, from the Melton Police, spoke to us regarding the incidence of Domestic Violence in our local community and how we can help support women and families affected. We arranged a speaker from the Australian Financial

Complaints Commission (AFCA) to speak at a community forum at Melton South Community Centre. Another Bunnings BBQ and always a good fundraiser for our club.

# **AUGUST 2023**

Members made 60 breast cushions, these are distributed to various hospitals. Our Club donated two "Sensory Chairs" to the women's only Western Inpatient Psychiatric Unit, Footscray. Members agreed to support the unit after hearing that very little furniture had been provided when the new unit was opened in December 2022.



Another successful Mental Health First Aid Workshop was held over two Saturdays, on 19th & 26th August. Members travelled to Bendigo to see the **Australian Women's Weekly Exhibition** another social outing.

# SEPTEMBER 2023

Our members continue to make breast cushions, birthing kits, dignity bags and so on.

THIS IS JUST A SNAP SHOT – WHAT SKILLS CAN YOU BRING TO OUR CLUB AND IN TURN HELP OUR COMMUNITY?

